

Summer Salad

30 minutes

Serves 6

Ingredients

4 cucumbers

Salt and Pepper

5 tomatoes

1 red onion

2 tbl vegetable oil

1 tsp cider vinegar

Directions

Peel cucumbers. Thinly slice 1½ cucumbers and place in bowl. Sprinkle with salt and pepper liberally. Slice 2 tomatoes haphazardly (not in quarters or slices) and sprinkle over cucumbers, repeat (similar style of cutting) with about ¼ of the red onion. Sprinkle with salt and pepper. Repeat. Slice the remaining cucumber, tomato and what is left of the onion and add to mix seasoning after the cucumber and then tomato/onion layer.

Add vegetable oil and cider vinegar and toss. I find it most effective to use my hands, but you can use any method for which you are comfortable. Adjust seasonings to taste.