

Fran Omelet

15 minutes

1 serving

Ingredients

1 tbl butter

2 mushrooms, sliced

2 tbl chopped onions

¼ cup chopped chicken or turkey

2 eggs

¼ cup cheddar cheese

2 tbl sour cream (or more to taste)

Directions

In an 8-inch skillet, melt butter and saute mushrooms and onions, until they are wilted and begin to brown. Add poultry and warm through. Remove to a plate and keep warm.

Beat eggs in a separate bowl, add eggs to skillet. As eggs set add mushroom mixture and cheddar cheese. Cook until eggs are set and cheese is melting. Slide onto a plate, folding the top of the omelet over the bottom half. Top with sour cream, serve immediately.