Angel Hair Pasta in Tomato Basil Sauce

2 servings

Preparation Time: 20 minutes

Ingredients

½ Ib Angel Hair Pasta
2 tsp extra light olive oil
4 cloves garlic
16 oz canned diced tomatoes
1 tsp basil
½ tsp crushed red pepper
½ tsp black pepper
Parmesan cheese to Taste

Directions

Fill a large pot with water. Bring to a boil and add pasta. Cook according to package directions.

Chop or mince garlic finely. Heat oil in a 1-3 quart saucepan over low heat. Add garlic, be sure not to brown the garlic. After about 1 minute add tomatoes and their liquid, basil, crushed red and black peppers. Simmer for 5-7 minutes.

Drain pasta, split between two serving bowls, pour the sauce equally over each bowl. Top with Parmesan Cheese and serve.